

“OUCH” (POST O’WEEK)

By Nathan Eva

Ouch, it has been a huge week. Let’s face it, you’ve probably never partied like that in your life. Your head is spinning, you’re \$500 poorer, you’re not sure who you’ve picked up, for some reason most of your clothes are missing and you now have 8 pairs of Haviannas hanging around in your room. You have just finished O’Week and Uni beckons. Yes Ladies and Gentlemen you knew there was a reason you went to college and you’re sure it wasn’t alcohol (although it has become your new best friend). Now Uni has started and there are photos of you posted all around kissing some pink-haired American girl who for some reason you have blocked out of your memory.

This is Post O’Week.

Now there are challenges you have to face in this period and they are never easy, but if you follow my 5-step guide you’ll be laughing like that non-drinker who’s been watching you all week.

1. Go to Uni – you’re going to need some friends outside of college and uni is the easiest place to make them. Plus, if you start skipping classes in the first week by week 6 you’ll be sitting in your room watching the entire season of Scrubs while singing Journey – *“She’s just a small town girl, living in a lonely world, she took the midnight train going anywhere...”*
2. Detox – There’s no need to stop drinking altogether, but the 20 standards you’ve had per night isn’t healthy 2 weeks in a row! (But hey, if you’re game, drinking more will make you forget all the embarrassing things you did in O’Week!) But it is always good to start increasing your intake of water. It’s free, and being summer a fridge full of water means you are always ready for a mid-afternoon water fight!
3. Call everyone Mate - You’ve learnt and forgotten everyone’s name and the college photo board isn’t out yet - what better way not to offend anyone! For all you international students, just say you’re “getting into the culture” and for the Aussies among us just don an akubra and pretend you’re Keith Urban (works especially well for all those kids from Denni)
4. Eliminating the Fresher 5 – It is inevitable that the fresher 5 is starting to take its toll. What better way to loose 5 kg then to join your local uni gym? For a small fee you can work off all the alcohol and Maccas and hopefully meet some cute (insert your preferred sex here) who can help you out on the machines or massage out that annoying cramp in your upper thigh. If you don’t have the money for the gym there are always fitness freaks at college that go for a run every morning/night. What a great way to catch up on gossip and maybe learn a few names!
5. Do it all again – You know you want to go back and have another awesome O’Week. What better way than to be part of your res club committee! At least this time you know what you’re in for!

Well I hope that helps you out, it is much better than hiding in your room - because college is filled with some of the best people you’ll ever meet. And remember, if you’re ever having a problem with anything your friendly neighbourhood res club is always there to help =).